



Afternoon Seminars & Dinner Schedule Saturday, April 26, 2025

- 1200 – 1300 Transport to A. Kolychkine Judo Foundation (AKJF)
- 1230 – 1330 Lunch at AKJF dojo, provided by A. Kolychkine Judo Foundation
- 1330 – 1700 Seminars at AKJF
- Most common injuries in Judo & its treatment
Dr. Mario Ramos, Orthopedic Surgeon, Judoka
 - How to properly tape judo injuries on athletes
Megan Fernandez, FIU Athletic Trainer
 - Infectious Diseases in combat sports – Judo
Dr. Ricardo Menendez, Judoka
 - How to properly lose weight for athletes in Judo
Melissa Lorenzo, Judoka/Nutritionist
 - New Didactic in Judo emphasis in Katas by Judo Rank
Pedro Kolychkine Sensei / Gerardo Tello Sensei / Eduardo Araoz Sensei
- 1700 – 1800 Return to AC Hotel, rest, change
- 1800 – 1900 Transport to La Carreta, 8650 SW 40th St., Miami, FL 33155 305-553-8383
- 1900 – 2200 Dinner at La Carreta
- 2200 – 2300 Transport to AC Hotel