



Neil Simon, Self Defense Committee Chairperson
29255 Laurel Woods Drive, Ste 202
Southfield, Michigan 48034
Committee members: John Schaedler (Vice Char), Don Flagg, John
Floyd, Mac Takeda, Peter Ocello, Keith Watanabe
Committee Consultants/Advisors: Kristofer Larson

September 3, 2022

Report from the Self Defense Committee

Our team continues meeting on a regular basis (average is about every three weeks). We have rethought the certification process and have decided to use a programmed learning approach to help reduce expenses. We have re-written our presentation slides and workbook. We are expecting the course to take about 8 hours.

The course will still focus on the USJF Self Defense basics as well as have components for actual physical training. Our main focus of the training involves the use of the self defense katas. We choose those because this is a judo self defense course and our self defense techniques are found in our katas.

We are just starting the process of segmenting and sequencing the materials for a programmed learning approach. We will then have the script the materials and then record and edit our work. We will also have to refine our certification process to align with the USJF office activities.

Our hope is to get back the individuals whose certifications lapsed as well as draw in new people.

We also have 11 new CEU's in the process of development.

We are still working on creating our own data base that will eventually key into the National Office database.

Respectfully submitted on behalf of the Self Defense Committee,

Neil Simon, Chair