

Mondy		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM		
Practice at MJJ Weekday PM5:00-8:30 Saturday AM8:00-10:00		Matsumae Judo Juku TEL:+81-422-51-0161 FAX:+81-422-53-1025		International Residence House Tokai University TEL:+81-463-78-1511 FAX:+81-463-77-9045		Teruyoshi Yamaguchi Cell:+81-80-5583-9607  Takahide Haraguchi Cell:+81-80-4077-1030						16/07/2016		17/07/2016	
18/07/2016		19/07/2016		20/07/2016		21/07/2016		22/07/2016		23/07/2016		24/07/2016			
Arrive and Check-in by yourself				12:30 Meet at Bosei-Gakujuku		Judo Study ②		15:00 Watch DVD		Judo Study③		8:00 Judo		JPN Study①	
				13:00 Program Orientaion		Eishoji temple		16:00 Judo		Tokyo Junioe High School		Kasumigaseki		Sensoji temple	
						Kodokan				Championships at Tokyo Budokan		Marunouchi		Aasakusa district	
				14:30 Judo Study①								Districts			
				How to practice Judo in Japan											
				Yamaguchi, Haraguchi		Tokyo		Haraguchi		Tokyo		Hasumi		Tokyo	
25/07/2016		26/07/2016		27/07/2016		28/07/2016		29/07/2016		30/07/2016		31/07/2016			
Free		16:00 Judo		Free		Judo Study④		JPN Study③		Judo Study⑤		Free		16:00 Judo	
						MJJ In-House		Sengakuji temple		Judo				Tokyo Edo Museum	
						Tournament				Tokai Takanawadai HS				Sumo Museum	
														Tokyo Edo Museum	
														Sumo Museum	
Haraguchi		Tokyo		Haraguchi		Tokyo		Haraguchi		Tokyo		Haraguchi		Tokyo	
01/08/2016		02/08/2016		03/08/2016		04/08/2016		05/08/2016		06/08/2016		07/08/2016			
Free		16:00 Judo		8:00 Judo		16:00 Judo		8:00 Judo		8:00 Judo		JPN Study⑦		Judo Study⑧	
														Tokai High School Olympics	
														Tokai HS Olympics	
														Judo Tournament	
Haraguchi		Tokyo		Haraguchi		Tokyo		Haraguchi		Tokyo		Haraguchi		Tokyo	
08/08/2016		09/08/2016		10/08/2016		11/08/2016		12/08/2016		13/08/2016		14/08/2016			
Judo with Tokai HS students		Finish Program													
		Official Check Out													
Yamaguchi		Tokai Unive													

Red←Judo

Blue←Japan Study

Green←Judo Study

On Judo-gi