

Hanabi Judo Summer Camp

After 46 years, Hanabi Albany Judo will be having its first Judo Summer Camp beginning in June of 2011. The program is designed to include not just physical activity but cultural education as well. It will be a fun, active introduction to the traditions of Japan. All sessions will include judo (a requirement for every Japanese student) as well as other artistic, linguistic or culinary activities.

At Hanabi learning is fun. Whether we are wrestling, running, story telling or speaking Japanese, we use both our bodies and minds to expand our abilities and experiences. Hanabi offers a positive learning environment where respect for "Sensei" - and for everyone - comes as naturally as smiling. And we do smile - and laugh - a lot.

<u>Session</u>	<u>Theme</u>
June 27 - July 1	Origami
July 5 - July 8	Japanese Language and Writing
July 11 - July 15	Japanese Water Color Painting
July 18 - July 22	Japanese Stories and Puppet Making
July 25 - July 29	Sushi and Bento
August 1 - August 5	Origami 2
August 8 - August 12	Japanese Language and Writing 2

Our Camp is open to children ages 5 to 14. (Exceptions may be allowed for current Hanabi students.) If we do not have 5 students registered for any session, that session may be cancelled.

Basic Schedule

9:00 Judo
10:00 Weekly Themed Activities
11:15 Outside Games - Albany Veteran's Park
12:00 Pick Up or Lunch
12:30 Quiet Time: Reading
1:15 Weekly Themed Activities Continued
2:30 Judo
3:00 Pick Up

Morning Sessions: 9:00 am to 12:00 pm

All Day Sessions: 9:00 am to 3:00 pm

Price per session:

Morning Session - \$135 per child (July 5 Session - \$115)

All Day Session - \$250 per child (July 5 Session - \$210)

A \$25 deposit is due one month prior to session. Balance is due five days before session start.

Dan Augustine Sensei, a former elementary teacher with a Master's Degree in Education, will be the Camp Director. Aya Iwasuji, a Hanabi staff person and a Japanese national with an MA in Linguistics, contributed to the program. Our young black belts (and national champions) Flora Ziprin and Spencer Augustine, both of whom have had extensive experience teaching children, will act as Camp Counselors.

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Frequently Asked Questions

Q: Does my child need to know judo?

A: No. The judo we will be doing is basic and appropriate for new students while still beneficial for more experienced judoka.

Q: Will my child need to have a judo uniform?

A: No. While having a judogi would be helpful, most of the judo activities will not require a uniform and we do have uniforms to lend when necessary.

Q: Are there any membership requirements to take part?

A: All participants need to be members of a national judo organization for insurance purposes. One year membership in USA Judo is \$30.

Q: What about lunch?

A: Children who leave at 12:00 do not need to bring lunch. Those who are staying until three o'clock should bring a bag lunch. All children are welcome to bring snacks.

Q: Are there any other costs for this program?

A: The materials for each session will be covered. At the same time, we do appreciate donations such as origami paper, water colors or rice for bento.

Q: What does my child need to bring to camp?

A: We recommend a lunch or a snack, a water bottle, a backpack (with name in permanent marker), sunscreen, jacket or sweatshirt, shoes good for running outside. Those staying in the afternoon should also bring a favorite book (though we do have a small library.) Do not bring money, expensive belongings or video games.

Q: Do I need to get my child there exactly at 9:00 am? Do I need to pick up exactly at 3:00 pm?

A: Camp is from 9:00 am to 3:00pm. There will be someone at the dojo before 9:00 and after 3:00 but unless there are special arrangements we will be following the schedule. For kids who are picked up late there may be a late pick-up fee.

Q: There may be a wide range of ages attending. Will the activities be appropriate for all?

A: The camp activities can be enjoyed by people of various ages. And we have found that having more advanced students help the younger students can be a fun activity in and of itself.

Q: What is the difference between Judo and other martial arts?

A: Judo was developed to be both effective and safe. Judo techniques, such as throws and pins, can be executed fully without hurting someone: there is no hitting nor kicking. Judo is internationally standardized - to ensure it remains safe and exciting. Judo is also a sport: the world's second most popular, in fact, and an Olympic event. Judo is a required part of a child's education in France and Japan.

Q: What does Hanabi mean?

A: Hanabi means "fireworks" in Japanese. (Literally "flower fire"). This name is chosen because we believe its brightness, energy and excitement express the spirit of our judo.

Q: I am interested in Martial Arts for my child because of the discipline. Will this program focus on discipline?

A: One of the basic foundations of Judo is respect and the development of character. We expect that all participants, in our regular judo club as well as in this camp, will be respectful and kind to others. But we don't feel that there is any conflict between having fun and being disciplined. We expect that our students will follow rules, try hard as they smile and laugh.