# Universal Judo Training Camp

Jim Hrbek, 1992 US Olympic Coach

#### **HOURS of Judo training instead of minutes of competition**

Hosted by Universal Judo Club San Antonio, TX

Date: July 5 through 10, 2011 OR Weekend only July 8-10

Participation Fee: \$175/week OR \$100/ weekend

Walk-up registration: \$200/week OR \$125/weekend (Fri/Sat/Sun)

Evening session July 5, three sessions daily July 6-9 and Morning session on July 10 - as much as 24 hours of on-the-mat Judo time.

**Location**: Universal Judo Club

13122 Lookout Run San Antonio, TX 78233

Phone: Club-210-656-JUDO; Jim Hrbek cell 518-339-8248

<u>Eligibility</u>: Juniors, Seniors and Masters – Male & Female Novice thru Advanced levels, age 9 and up. For Juniors orange belt and up. Yellow belt may participate with coach recommendation. USJA,USJF,USA Judo & International members welcome.

<u>Time</u>: Check-in/Registration 5:30-6:30pm Tuesday July 5 or 8:30-9:00 am Wednesday July 6 at Universal Judo OR, if for weekend only – from 8:30am all day Friday July 8 or 8:30-9:00am Saturday morning July 9.

Schedule: July 5 session begins 630pm. Daily sessions are 9:00-11:00am; 1:00-2:30pm; 6:30-8:00pm. Please bring at least two gis and a notebook. Finish is at noon Sunday July 10, allowing plenty time to get home.

### Champions are not born – they are built

The Universal Judo facility that includes more than 2,000 square feet of mat space on a fully loaded sprung floor.

This camp is a great opportunity to train with some of the best in the USA.

#### Nina Cutro-Kelly -

2009 + 2011 US National Champion & 2009, 2010 + 2011 US Senior World Team Member 2009 Vice-Champion at the France Collegiate Nationals

#### Ying Wang -

former nationally ranked +78 Woman from China 2007 Bronze medalist at China Cup 2010 + 2011 USA Senior National Champion – Open weight

#### Mary (Lewis) Nicotera -

1980 World Bronze medalist

1982 World Team

1983 Dutch Open Champion

1983 Pan American Games Gold

1984 and 1986 Austrian Open finalist

1992 Olympic Alternate

Four time National Champion, Nine time medalist

#### Jim Hrbek -

World Team Coach - 1984, 1986, 1987, 1989, 1991 & 1995 Coach Staff for 1988 Olympics Head Coach for Women 1992 Olympics Junior World Team Coach 2002 and 2004 Cadet World Team 2009.

Current Director for Junior Athlete Performance / USA Judo

## Registration/Application For Universal Judo Camp (July 5 - 10, 2011 OR July 8 – 10, 2011)

Name:		Judo Rank	
Address:			
City:		State:	Zip
Telephone:(days)	(eve)	email:	
Club:	Coa	ch:	
Circle Current Membershi			
\$175 for full week: \$10 home-stay housing specials. Call to check a about availability of factory. WHEN MAILING REGUIST Please be sure to encount 1. signed Waiver (signed Waiver (signembership through 3. Check payable to J	ots are available vailability. If you cilities. GISTRATION – <u>F</u> lose: ned by Parent/ G or USA Judo or I July 10, 2011	e for an addition have an RV, on the land of the land	enal \$125 for all call to check  Y June 27  Eunder 18);  ard showing
REGISTRATION AT [			
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MAIL TO: Jim Hrbek 21835 Bat ( San Antoni (Signature)	Cave Rd o, TX 78266	D	oate://11
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# WARNING, WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, Universal Judo Camp (July 5-10, 2011) and related events and activities of the United States Judo Association, United States Judo Federation, United States Judo, Inc., Universal Judo Club and Texas Judo Inc., I hereby:

- 1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo;
- 2. Agree that, prior to participation, I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach or supervisor of such condition(s) and refuse to participate;
- 3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in a serious injury, including permanent disability or death, and severe social and economic losses due to not only my action, inaction, or negligence, but also to the action, inaction, or negligence of others, the rules of the sport of Judo, or the conditions of the premises or of any equipment used. Also, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time;
- 4. Knowing the risks involved in the sport of Judo, assume those risks and accept personal responsibility for the damage following such injury, permanent disability, or death;
- 5. Release, waive and discharge and covenant not to sue the United States Judo Association, United States Judo Federation, United States Judo, Inc, Universal Judo Club and/or Texas Judo, Inc., together with their affiliated clubs, respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardian(s), supervisors and coaches, sponsoring agencies, sponsors, advertisers, and, if applicable, owners, lessors and lessees of the premises used to conduct the event, all of whom are hereinafter referred to as "releasees", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death or damage to property, caused or allegedly caused in whole or in part by the negligence of the releasees or otherwise, to the fullest extent permitted by law;
- 6. Additionally agree that as a Parent(s) or legal guardian(s) of minor participants (age 18 and below) I will instruct the minor participants to the above warnings and conditions and their ramifications, and that they consent to the minor's participation.

I	HA	VE	READ	THE	<b>ABOVE</b>	WARNING,	WAIVER,	RELEASE,	AND	<b>AGREEMENT</b>	TO
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	Date	
(Participant Signature)		
	Date	
(Parent/Guardian Signature)		

We have three motel suggestions for you. The first one is in the middle of the other two price-wise. It is a new place and only opened about a year:

1. Americas Best Value Inn & Suites-live Oak/san Antonio - 12810 I-35 North San Antonio, Texas 78233San Antonio, TX

Book online hotel reservations at Americas Best Value Inn & Suites-live Oak/san Antonio in San Antonio, TX. Check room availability and amenities and compare discount rates starting at \$69.00. View an interactive San Antonio area map and find nearby sightseeing attractions and vacation activities. See below for further information about booking reservations at Americas Best Value Inn & Suites-live Oak/san Antonio

http://www.travels.com/hotels/united-states/texas/san-antonio/americas-best-value-inn-suites-live-oaksan-antonio/

Super 8 Universal City Tx
 200 Palisades Drive
 Universal City, Texas 78148

Book online hotel reservations at Super 8 Universal City in Universal City, TX. Check availability and amenities. Compare discount rates starting at \$50.00. View an interactive Universal City map. See below for info about reservations at Super 8 Universal City Tx

 $\underline{\text{http://www.travels.com/hotels/united-states/texas/universal-city/super-8-universal-city-tx/}$ 

3. Holiday Inn Express Hotel & Suites **15408 I-35 North #2** Schertz, Texas 78154

Book online hotel reservations at <u>Holiday Inn Express</u> Hotel & Suites Selma in Schertz, TX. Check room availability and amenities and compare discount rates starting at \$110.00

 $\underline{http://www.travels.com/hotels/united-states/texas/schertz/holiday-inn-express-hotel-\underline{suites-selma/}}$