

5<sup>th</sup> ANNIVERSARY

# 2010 USJA/USJF WINTER NATIONALS

SENIORS MASTERS JUNIORS KATA

Hosted by

**GOLTZ JUDO**



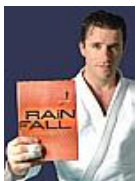
## GRASSROOTS JUDO™



USJA ~ USJF

BUILDING FRIENDSHIPS AND BETTER PEOPLE THROUGH JUDO

**SATURDAY & SUNDAY DECEMBER 4 & 5, LA VERNE, CA**



**MEET & GREET BESTSELLING AUTHOR BARRY EISLER**

*Barry* who is known for his fictional counter spy anti-hero John Rain a Kodokan Black Belt like himself will be signing books Saturday afternoon.



## **2010 USJA/USJF WINTER NATIONALS**

**Seniors, Masters, Juniors, & Kata  
Saturday & Sunday December 4<sup>th</sup> & 5<sup>th</sup>**

**Coach Certification Clinic, Friday December 3<sup>rd</sup>**

**TOURNAMENT DIRECTOR:** Gary Goltz

**HEAD REFEREE:** Hayward Nishioka

**AWARDS:** High quality USJA/USJF medals to be given for 1st, 2nd, and 3rd Place; Top Club Award will be based total number of medals earned; (1st = 5 points, 2nd = 3 points, 3rd = 1 point)

**ELIGIBILITY:** USJA, USJF, & USA Judo current members, (Sanctioned by USJA)

**VENUE:** Damien High School's Gym, 2280 Damien Avenue, La Verne, CA 91750

**HOTEL:** [Red Roof Inn](#), 204 N. Village Court, San Dimas, CA 91773, (909) 599-2362, (Judo Rate \$59)

**FEES:** \$40 all divisions, Advanced Registration, **POST MARKED BY THURSDAY NOVEMBER 18<sup>th</sup>**

- \$50.00 at Damien, Friday 5:30PM to 7:30PM December 3, 2010 (see note below)
- Junior registration will also be accepted at Damien. Saturday 11:00AM to 4:00PM December 4
- \$60.00 at Damien for same day registration the morning of event from 7:00AM to 8:30AM

(Tournament T-shirts will be provided free to all advanced registrants only, no exceptions please)

**Please make checks or money orders payable to Goltz Judo**

**Mail all entries & fees to:**

USJA/USJF Winter Nationals  
Attn: Tony Farah  
3252 Robin Way, Pomona, CA 91767  
(909) 596-8199 or (951) 288-5296 (cell)  
[tony@farahfamily.com](mailto:tony@farahfamily.com)

**EARLY WEIGH-IN (at Damien High School):**

**All Contestants:** Friday December 3, 2010 from 5:00PM to 7:30PM  
**Juniors:** Saturday December 4, 2010, 9:00AM to 12:00PM

**LATE REGISTRATION & WEIGH-IN (at Damien High School):**

**Seniors, Masters and All Kata:** Saturday December 4, 2010, 7:00AM to 8:30AM  
**Juniors:** Sunday December 5, 2010, 7:00AM to 8:30AM

**Vendor Booths Available**

**Contact:** Genaro Bugarin, (858) 442-4110, [bbugarin2@yahoo.com](mailto:bbugarin2@yahoo.com)

**Tatamis provided by [Judo Unlimited](#) will be available for sale at discount**

**Contact:** Razi Syed, (310) 936-1203, [razisyed@hotmail.com](mailto:razisyed@hotmail.com)



**FREE JUDO CLINIC WITH SAUVEUR SORIANO - SATURDAY 4PM**  
***Sauveur*** is a former French national and international competitor who reached the podium in international competitions. He has earned full certification as a Judo Master-Instructor from the French Judo Federation.

# 2010 USJA/USJF WINTER NATIONALS DIVISIONS & RULES

## SENIOR DIVISIONS

Men's and Women's (Brown & Black Belt):

(All non-black belts must complete a non-black belt waiver.)

- Men 55kg 60kg 66kg 73kg 81kg 90kg 100kg +100kg
- Women 44kg 48kg 52kg 57kg 63kg 70kg 78kg +78kg

No Senior Black & Brown Belt Division can compete in more than one weight class nor can they move up except for Men's 55kg and Women's 44kg. These contestants may elect to compete in the next higher weight category.

- Men's & Women's Masters Division (30 to 39 Years Old) LW MW HW
- Men's & Women's Masters Division (40 to 49 Years Old) LW MW HW
- Men's & Women's Masters Division (50 to 59 Years Old) LW MW HW
- Men's & Women's Masters Division (+60 Years Old) LW MW HW

Men's & Women's Masters, pooling will be done by age and weight. Pools will be between 4 and 8 people and a Novice (under Brown Belt) Masters Division may be added if there enough competitors.

## NOVICE & INTERMEDIATE JUNIOR DIVISIONS

- Boys & Girls Ages; 5-6, 7-8, 9-10, 11-12, & 13-16 Years Old LW MW HW

## KATA COMPETITION SENIORS, MASTERS, & JUNIORS

- Nage No Kata
- Katame No Kata
- Ju No Kata
- Goshinjitsu

**All Athletes must check-in with tournament officials in person to confirm participation and competition divisions. No food or coolers are allowed in gym.**

## COMPETITION RULES

All matches will be conducted using the current IJF Contest Rules with the following modifications:

- Junior divisions (16 and under) will use pre-2003 injury rules.
- Full Double Elimination will be used with Round Robin used for divisions of 5 or less.
- Contestants divisions can be changed at the discretion of the tournament's management.
- Rest periods between in cases of consecutive matches will be equal to the time of the match.

## MATCH TIMES, AGE & RANKS EXCLUSIONS

Juniors (5 to 6 Years Old): Match Time - 2 Minutes (Golden Score 1 Minute)

Juniors (7 to 12 Years Old): Match Time - 3 Minutes (Golden Score 1.5 Minutes)

- No shime-waza (strangles) or kansetsu-waza (arm locks)

Juniors (13-16 Years Old): Match Time - 3 Minutes (Golden Score 1.5 Minutes)

- No kansetsu-waza (arm locks)

Senior Novice (17 Years & Up): Match Time - 4 Minutes (Golden Score 2 Minutes)

- No kansetsu-waza (arm locks)

Senior Brown/Black Belt (17 Years & Up): Match Time - 5 Minutes (Golden Score 2.5 Minutes)

Masters Novice (30 Years and Older): Match Time - 3 Minutes (Golden Score 1.5 Minutes)

- No kansetsu-waza (arm locks)

Masters Brown/Black Belt (30 Years and Older): Match Time - 3 Minutes (Golden Score 1.5 Minutes)

## WHITE GIS MANDATORY, BLUE GIS OPTIONAL

Special thanks go to Dr. James Lally and Chino Valley Medical Center for providing on site physicians and to Aegis Ambulance Service of Monrovia for providing on site EMTs

# 2010 WINTER NATIONALS REGISTRATION FORM

PLEASE PRINT OR TYPE ALL INFORMATION

DO NOT WRITE IN THIS SECTION. RESERVED FOR OFFICIAL USE ONLY

SEX \_\_\_\_\_ AGE \_\_\_\_\_ WEIGHT \_\_\_\_\_ (Kg) COLOR OF BELT \_\_\_\_\_ DIVISION \_\_\_\_\_  
 Cash \_\_\_\_\_ Check \_\_\_\_\_ Official Stamp \_\_\_\_\_

Contestant's First Name

Contestant's Last Name

Date of Birth   /   /     Age   Sex

Phone #           Cell #

Address

City           State   Zip

Email

Dojo

Judo Rank / Belt Color

Organization: USJA / USJF / USA Judo - #        Exp. Date

(Circle Appropriate)

Pre-registration entries please send photocopy of current membership card

Emergency Contact \_\_\_\_\_ Phone ( ) \_\_\_\_\_

**KATA COMPETITORS LIST EACH KATA IN WHICH YOU WILL COMPLETE:**

**(Add \$20 for each additional Kata or Shiai Division)**

Kata	Tori or Uke	Men, Women, Co-ed	Junior (Under 17)	Novice (Juniors Only)	Partner's Name

## T-SHIRT ORDER FORM

T-Shirt Size \_\_\_\_\_ (For advanced registrants only - by 11/18)

**Additional Shirts - \$15.00**

(Available in Youth Sizes: YS, YM, & YL Adult Sizes: S - 3XL)

**Indicate the sizes and quantity requested**



Quantity	Size	\$ - Amount

**WARNING, WAIVER, AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE**

In consideration of being permitted to participate in any way, including travel to and from the USJA/USJF Winter Nationals and all related events and activities of the United States Judo Association, United States Judo Federation, USA Judo, Nanka Judo Yudansha-kai, California Judo Inc., The City of Claremont, Damien High School, Goltz Judo, and Gary Goltz, I affirm that:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.
2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.
3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.
5. I hereby release, waive, discharge and covenant not to sue the United States Judo Association, Inc., United States Judo Federation, Inc., and USA Judo/United States Judo, Nanka Judo Yudanshakai, California Judo, Inc., The City of Claremont, Damien High School, Goltz Judo, and Gary Goltz, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

Participant: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Print Name)

**FOR PARENTS or LEGAL GUARDIANS OF CONTESTANTS UNDER AGE 18**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the releasees, and, for myself, my heirs, assigns and next of kin. I release and agree to indemnify and hold harmless the releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent or Legal Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Print Name)

**LIABILITY RELEASE (FOR CONTESTANTS UNDER 18 YEARS OF AGE)**

In the event that I am not present to give my authorization; I hereby authorize the following person(s) \_\_\_\_\_ to act on my behalf in any and all matters requiring parental consent for my child during the 2010 USJA/surf winter nationals or travel to and from it. I agree to accept all financial obligations incurred as a result of any medical assistance, hospitalization and related expenses provided to my child. If an act of vandalism causing damage to personal or real property associated or related in any way to this tournament occurs, those involved will be dismissed from competition. The participant or parent(s) of a minor involved agrees to indemnify and pay for all such losses and damages.

\_\_\_\_\_  
Name of Contestant                                      Date                                      Signed (Parent or Legal Guardian)                                      Date

**CONSENT FOR AGE/WEIGHT CHANGE (UNDER 18)**

PLEASE CHECK THE APPROPRIATE BOXES

We, (I), the undersigned parent of \_\_\_\_\_ have been informed of the method of competition for the 2010 USJA/USJF Winter Nationals.

We, (I), express our (my) consent that \_\_\_\_\_

- MAY be moved up into another weight bracket of competition of the same age
- MAY be moved into another age bracket of competition of the same weight
- MAY NOT be moved into another bracket

\_\_\_\_\_  
Signature of Contestant (over 18)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Date

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**NON BLACK BELT WAIVER**

(To be completed by all non Black Belts in a division with Black Belts)

I, \_\_\_\_\_, a judo instructor who has been awarded the judo rank of Shodan or higher, under the auspices of one of the following organizations: United States Judo Association, United States Judo Federation, or United States Judo, Inc., hereby certify that

\_\_\_\_\_, although not having been awarded the judo rank of Shodan or higher is of sufficient aptitude and skill in judo to compete in the 2010 USJA/USJF Winter Nationals.

\_\_\_\_\_  
Signature of Instructor

\_\_\_\_\_  
Rank

\_\_\_\_\_  
Date Signed

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**CODE OF CONDUCT / DAMAGE STATEMENT**

This form certifies that the Contestant and her/his legal guardian(s) understand that emergency vehicle response to a false alarm may result in serious injury and loss of life, and that fine, imprisonment and other possible legal consequences may result from activating any false alarm in connection with participation in this tournament. In addition, charges assessed for a false alarm or for other damage to tournament and hotel facilities shall, together with all costs and fees incurred with collecting said charges, be the responsibility of the Contestant and/or her/his parent(s) /legal guardian(s) and home Dojo. In addition, the contestant and her/his legal guardian(s) understand that no food, drinks (except water), or coolers shall be allowed inside the tournament facility. All foods and drinks must be consumed outside in the designated areas. Tournament security personnel will enforce this rule and will ensure that attendees discard such items before entering the facility. This provision has been explained to the Contestant, Parent(s)/Legal Guardian(s) and Coach.

\_\_\_\_\_  
Signature of Contestant (over 18)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Instructor

\_\_\_\_\_  
Date

## COACHING APPLICATION FORM

Only currently nationally certified E Level coaches and above will be allowed on the competition floor and to sit in the designated chairs. In order to expedite the registration process, the completed Coaching Application Form (below) must be received by Thursday, November 18, 2010. Applications received after November 18, 2010 will be charged a \$10.00 processing fee. Coaches who register as "walk-ups" will be charged a \$20.00 fee. A coaching pass can be applied for every 5 players entered with a maximum of 5 per club. Coaches are expected to set an example for their players by conducting themselves in a respectful and professional manner.

**Coaches must prominently display their official issue unexpired coaching photo identification badge at all times during the tournament.**

Printed Name: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Certified by:  USJA  USJF  USA Judo Level: \_\_\_\_\_ Expiration Date \_\_\_\_\_

(Please list athletes you will be coaching)

Competitor's Name	Division (Senior/Master/Junior)	Competitor's Name	Division (Senior/Master/Junior)

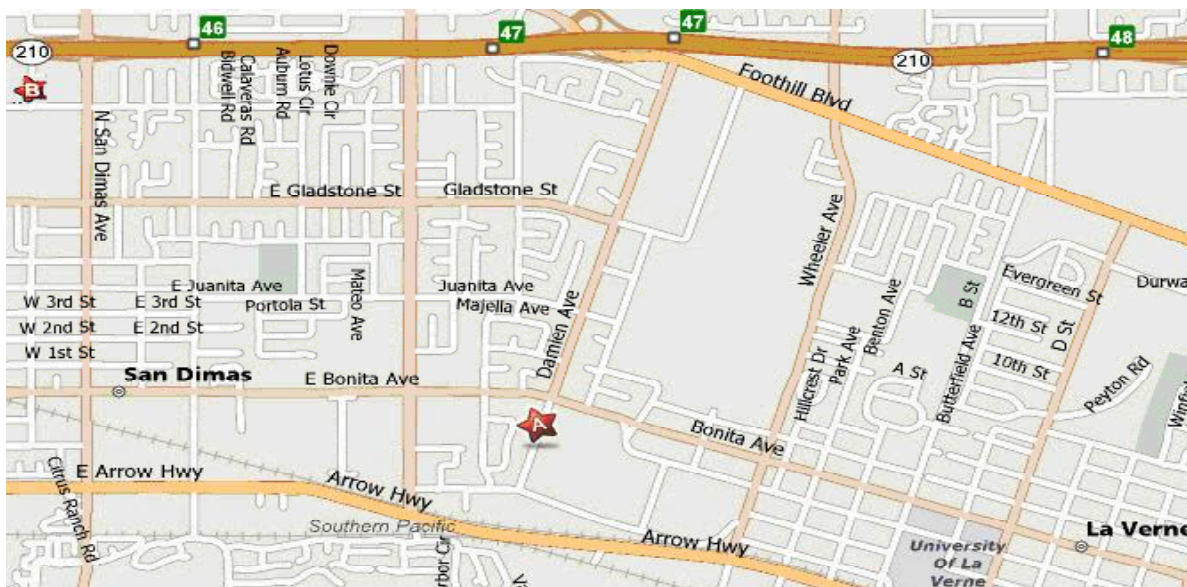
**Be sure to include a copy of your current coach certificate**

All Athletes must check-in with tournament officials in person to confirm participation and competition divisions. No food or coolers are allowed in gym.

**WHITE GIS MANDATORY, BLUE GIS OPTIONAL**

There will be a [Coach Certification Clinic](#), Friday December 4<sup>th</sup>

## 2010 USJA/USJF WINTER NATIONALS MAP



**A**  
Damien High School  
2280 Damien Ave.  
La Verne, CA 91750

**B**  
Red Roof Inn  
204 N. Village Court  
San Dimas, CA 91773

## 2010 USJA/USJF WINTER NATIONALS REGISTRATION CHECKLIST

(Be sure you have completed and included all of the necessary forms along with your payment)

- Contestant Information Form
- Copy of USJA, USJF, or USA Judo Membership Card
- Liability Release (contestants under 18)
- Liability Waiver
- Consent for Age/Weight Change
- Non Black Belt Waiver (non black belt competing in black belt division)
- Code of Conduct/Damage Statement
- Coach Pass Application (free thru November 18<sup>th</sup>)
- T-Shirt Order Form (free with advanced registration thru November 18<sup>th</sup>)
- Check or Money Order Payable to Goltz Judo

### SCHEDULE - FRIDAY, DECEMBER 3<sup>rd</sup> to SUNDAY DECEMBER 5<sup>th</sup>, 2010

- Friday - 9:00AM to 5:00PM
  - Friday - 5:00PM to 7:30PM
  - Saturday - 7:00AM to 8:30AM
  - Saturday - 9:00AM to 12:00PM
  - Saturday - 9:00AM Begins
  - Saturday - 10:00AM Begins
  - Saturday - 2:00PM to 5:00PM
  - Saturday - 4:00PM to 6:00PM
  - Saturday - 6:00PM to 7:30PM
  - Saturday - 8:00PM to 10:00PM
  - Sunday - 7:00AM to 8:30AM
  - Sunday - 9:00AM Begins
  - Sunday - 10:00AM Begins
- [Coach Certification Clinic](#) at AHCC in Claremont  
Weigh-ins & Registration at Damien in La Verne  
Late Registration (Seniors & Masters) at Damien  
Late Registration (Juniors) at Damien  
Kata Competition (All Ages) at Damien  
Seniors & Masters Competition at Damien  
Meet & Greet Bestselling Judo Author [Barry Eisler](#)  
Free Judo Clinic featuring [Sauveur Soriano](#)  
USJA Board of Directors Open Meeting at Damien  
VIP dinner (by invitation) at [Honolulu Harry's](#) in Chino  
Late Registration (Juniors) at Damien  
Junior Competition (5 to 12 Year Olds) at Damien  
Junior Competition (13 to 16 Year Olds) at Damien