

To: David Matsumoto, Ph.D.
Development Committee, Chairperson
5864 Ralston Avenue
Richmond, CA 94805

In reply to: Resubmit of USJF Grant Proposal 2003-2004

From: Bret Holmes
President
Intermountain Yudanshakai, Inc.

David Matsumoto, Ph.D.,

July 1, 2003

Thank you for allowing the Intermountain Yudanshakai to resubmit the grant application for the request for proposal (2003). Enclosed, please find the Intermountain Yudanshakai grant proposal.

The Intermountain Yudanshakai has over four hundred members in eleven dojos, and represent a geographic area of approximately two hundred ten thousand square miles. Much of the countryside is rural (with the exception of Denver, Ogden, Salt Lake City and Boise) and exists along the Western edge of the Great Basin Plateau. The Yudanshakai holds a variety of geographic, economic and human resources. It is the perfect place for the development of Judo, which has never been fully realized.

The 2002-2003 Strategic Plan reflects the commitment and renewed efforts of the Yudanshakai to strengthen and introduce Judo in the Intermountain West. The acceptance of the Intermountain Yudanshakai's application for support is a tremendous step in the continuation of our efforts.

The Intermountain YDK proposes to host two training projects in FY 2003 – 2004. The projects are in the areas of Kata, Junior Development and Referee Development (two projects total). Total support requested for project 1 & project 2 is \$5728.00

Respectfully,

Bret Holmes
President
Intermountain Yudanshakai, Inc.

cc: b. matsuoka, b. suehira

Intermountain Yudanshakai Grant Proposal (revised 07.07.03)

Overview:

- Historically, the Intermountain Yudanshakai (YDK) has relied on soft monies to deliver quality programs (clinics) to members and officials.
- In April 2002 an unsuccessful bid to secure funds proved to be an obstacle in the support of the delivery of USJF clinics to the Intermountain YDK.
- Another unsuccessful bid that was launched in April 2003 was granted another opportunity to present application in Boca Raton, Florida, July, 2003.
- For the first time in history, the Intermountain YDK charged participation fees to recover the cost of each clinic in 2002.
- Although these fees did not fully compensate the Intermountain YDK for the cost of each clinic, the residual cost was made up through general funds of the YDK.

Statement of Purpose:

- The Intermountain Yudanshakai held a meeting in Jackpot, Nevada to develop and formalize a strategic plan. Regarding Teacher, Coach, Players, and Referee Training Resources, the following objectives were made:
 1. The Intermountain YDK will provide resources and training opportunities to assist (member) dojos with teaching, coaching, refereeing and dojo management. Incorporating the USJF National Teacher's and Coaches Institute Judo Curriculum upon its completion.
 2. Clinic attendance will represent twenty percent (20%) of the Yudanshakai membership.
 3. The number of tournament entries by dojo will represent an increase of 10%. The YDK President, Bret Holmes, will collect the baseline data from last year's tournaments from each Head Sensei.
 4. The Intermountain YDK will increase the number of nationally certified teachers, coaches, referees and national level competitors.
- On July 28, 2002, the Strategic Plan was approved by majority vote of the Board of Directors at the annual Intermountain Yudanshakai Summer Meeting held in Jackpot, Nevada. Implementation of the previous Strategic Plan initiatives included, but was not limited to the following activities:
 - There were three (3) clinics that were hosted:
 1. Junior Development: January 12 – 13, 2002: Ontario, Oregon
Jimmy Pedro clinician
110 members
cost: \$4090.34
Evaluation: none
 2. Kata: September, 2002: Boise, Idaho
Rocky Lima clinician
20 participants
cost: none (\$10.00 lunch fee only)
Evaluation: 0 certificates awarded
 3. Referee: January 12 – 13, 2002 (Ontario, OR) & April ??, 2002 (Twin Falls, ID)

Haruo Makimoto clinician
 75 participants (combined 60 at OR and 15 at ID)
 cost: \$2840.00 (combined total: \$2190 at OR and \$650 at ID)
 Evaluation: 25 regional certifications (combined total of 20 at OR and 5 at ID)

The Intermountain YDK proposes to host two training projects which include Kata, Junior Development and Referee Development (two projects total).

Project 1. Kata:

The Intermountain YDK proposes to host a series of six (6) Kata clinics in the yudanshakai.

Objective: The goals for this initiative are twofold:

- 1) Certify a minimum of two (2) kata instructors per each club in the Intermountain YDK (total of 10-25).
- 2) Disseminate Kata information (provide written material) and promote Kata as a developmental tool to youth.

Methodology/Rationale:

- Clinician Rocky Lima (Certified USJF Kata Instructor) Will travel to Twin Falls Idaho on three (3) separate occasions to deliver a Kata clinic at the College of Southern Idaho servicing the southern geography of the INT/YDK (five (5) dojos in Southern Idaho and Northern Utah). Three (3) other clinics in Boise will service dojos in the northern geography of the INT/YDK (six (6) dojos in Western Idaho and Eastern Oregon).
- Each clinic will feature one or more of the following katas: Nage-no-Kata, Katame-no-Kata, Ju-no-Kata, or Kime-no-Kata.
- A Liaison/Coordinator will be named to implement the program.
- The clinics will be held monthly and scheduled around competitive events.
- Evaluation:
- A test and demonstration will be conducted. A comparison of participants who pass versus those who do not pass will become the definitive evaluation.

Budget

Item	%FTE	Match	Total
Clinician fees (6 clinics @ \$150.00 ea.)	100%	\$450.00	\$900.00
Liaison/Coordinator (6 clinics @ \$20.00 ea.)	20%	\$60.00	\$120.00
Travel (3 clinics in Twin Falls @ \$25.00 ea.)		\$37.50	\$75.00
Stipend		\$45.00	\$90.00

(meals only in Twin Falls @ \$30.00 per day)

Motel	\$133.50	\$267.00
(3 clinics in Twin Falls @ \$89.00 ea.)		
Site rental (6 clinics @ \$150.00 ea.)	\$450.00	\$900.00
Participant refreshments (\$0.50 ea. X 50 X 6)	\$75.00	\$150.00
Total match funds from Intermountain YDK	\$1117.50	-\$1117.50
Total expenses requested for project 1.	n/a	\$1117.50
Total cost for project 1.		\$2505.00

Budget Justification: The request for two thousand five hundred two dollars (\$2502.00) is justified as follows: Clinician fees were based at \$150.00 per session as time, certification, preparation and ancillary costs were considered, then recommended by advisors to the project. Liaison/Coordinator fees included any costs driven by preparation, copies, office supplies, registration of participants and general and administrative tasks associated with the administration of such a project. Travel to and from Twin Falls for Lima sensei was calculated at \$25.00 per clinic in Twin Falls only as Lima sensei lives in the Boise area. The travel amount was calculated by mileage to Twin Falls and back (three hundred (300) miles) times \$0.0833 cents a mile. The normal corporate rate for mileage is \$0.30 average. Meal stipends were calculated for three meals (previous evening, breakfast, dinner, there would be no lunch as the clinic host is expected to provide this for the clinician). All three meals were priced out at approximately \$10.00 each. Moderately priced Ameri Tel motel was quoted at \$89.00 per visit. Site rental was priced out at \$150.00 per clinic. Participant refreshment (bottled water) was priced out at \$0.50 each for fifty (50) participants over six clinics. Intermountain YDK recommended a fifty percent (50%) match in all expenditures to lower requested funds to one thousand one hundred seventeen and fifty cents (\$1117.50).

Project 2. Junior Development and Referee:

The Intermountain YDK proposes to host a combined clinic/camp over a two-day period.

Objective: The goals for this initiative are twofold:

- 1) Deliver an athlete training camp for competitive judokas which will enhance their ability to meet competitive demands.
- 2) Administer a referee clinic with discussions of match management, rule changes, difficult decisions/calls culminating in a testing and certification.

Methodology/Rationale:

Junior Development Program: A certified clinician from a recognized program will be in attendance to address issues of competition to junior and youth judoka (both genders) ages 12 – 20. Discussion of strategies, tactics, and innovative techniques with demonstrations and exercises to acquire and develop proficiency will be in place during the one (1) day event.

Referee Program: A certified clinician from a recognized program will be in attendance to address issues of match management, new rules, rule changes and decision making. Demonstrations, videotape presentations, and discussions on efficacy will be in place during the one (1) day event.

After the first day, a shiai will take place with matched pairs of judokas from the Jr. Development clinic. Participants from the referee clinic will officiate matches posttest. A Liaison/Coordinator will be named to implement the program.

Evaluation:

The evaluation is done the second day where the integration of both Jr. Development and Referee clinics combine in a shiai event on day two.

A natural evaluative event, the shiai, will be conducted with matched pairs of judokas from the youth training clinic competing against each other with participants from the referee clinic officiates shiai matches. A competitive evaluation form (for athletes) will be utilized to determine the efficacy of the training clinic as the form will document the skills demonstrated in shiai. Referees will utilize a form designed by the clinician to evaluate participants from the referee clinic. Evaluation sheets will be summarized to produce an objective evaluation for each clinic.

Competitors from the shiai will not be awarded for place, but will each be given certification of participation. Participants from the Referee’s Clinic will be awarded certificates of participation and upon successful completion of testing, payment of fees and verification of rank/registration (from National Office) will be awarded the appropriate level of referee certification.

Budget

Item	%FTE	Match	Total
Jr. Development Clinician	100%	\$250.00	\$500.00
Referee Clinician	100 %	\$250.00	\$500.00
Liaison/Coordinator	30%	\$100.00	\$200.00
Travel (RTA X 2 @ \$600.00 ea.)		\$600.00	\$1200.00
Motel (2 clinicians X 2 nights @ \$89.00/each)		\$178.00	\$356.00
Stipend (meals only 4 X 2 @ 30/each day/person)		\$60.00	\$120.00
Site rental (x 2days)		\$150.00	\$300.00
Participant refreshments(20 Oz. water @ \$0.50 x 50 x 2)		\$25.00	\$50.00
Total matched Intermountain YDK support		\$1613.00	-\$1613.00
Total support requested for project 2.		<u>n/a</u>	<u>\$1613.00</u>
Total expenditures for project 2.			\$3226.00

Budget Justification: The request for three thousand two hundred twenty six dollars (\$3226.00) is justified as follows: Costs for out of area clinicians are calculated to be nominal at two hundred fifty dollars (\$250.00) per day. Liaison/Coordinator fees included any costs driven by preparation, copies, office supplies, registration of participants and general and administrative tasks associated with the administration of such a project. Full Time Effort for the Liaison/Coordinator was estimated at thirty percent (30%). Travel for two clinicians was estimated at a maximum six hundred dollars (\$600.00). Meal stipends were calculated for four meals each (previous evening, breakfast (x 2), dinner (x 2), lunch is not included as the clinic host is expected to provide lunch for the clinician). All three meals were priced out at approximately \$10.00 each.

Moderately priced Ameri Tel motel was quoted at \$89.00 per visit. Site rental was priced out at \$150.00 per clinic. Participant refreshment (bottled water) was priced out at \$0.50 each for fifty (50) participants over two days. Intermountain YDK recommended a fifty percent (50%) match in all expenditures to lower requested funds to one thousand six hundred thirteen dollars (\$1613.00).

Summary:

The Intermountain YDK proposes to host two training projects, one in Kata and another combined project in Junior Development and Referee Development (two projects total). The objectives for project 1 are twofold: Certify a minimum of two (2) kata instructors per each club in the Intermountain YDK (total of 22). Disseminate Kata information (provide written material) and promote Kata as a developmental tool to youth. The objectives for project 2 are twofold: 1) Deliver an athlete training camp for competitive judokas which will enhance their ability to meet competitive demands. 2) Administer a referee clinic with discussions of match management, rule changes, difficult decisions/calls culminating in a testing and certification.

The continued development of our most precious resource (athletes) is paramount in the area of retention. In order to retain quality athletes and their families, coaches, instructors, officials & administrators must be capable of delivering quality programming to everyone. This is accomplished by developing the resources currently available.

As the Strategic Plan outlines an increase in membership over time, The Intermountain YDK must advance in the professionalism of its staff to identify, recruit and accommodate it's members in the best interpretation of Seiroku Zenyo, Jita Kyoei.

Total support requested for project 1 & project 2:	\$2864.00
Total expenditures for project 1 (\$117.50) and project 2 (\$1613.00)	\$5728.00