

Nanka Judo Yudanshakai Proudly Presents
USJF Level E Coaches Certification & International Judo Training Clinics

USJF Sanction #05-07-04

July 7 –8, 2005

Irvine Marriott Hotel

18000 Von Karman Ave, Irvine CA 92612



Thursday – Coach Certification: 9 am – 6pm

(classroom and mat sessions)

- Gerald Uyeno, International (Class B) Coach
- AnnMaria De Mars, 1984 World Champion
- Jacob Flores, M.D., CJI Southern California Coach of the Year

Friday – International Judo Training Clinic with

- **Professor Han, National Coach of Germany**
- **Hyung Joo Ha, 1984 Olympic Gold Medalist**

International Clinic Morning Session: 10 – Noon

International Clinic Afternoon Session: 1-3 pm

Cost: Coach Certification Clinic - \$40

International Judo Training Clinic ONLY - \$40 for both sessions

International Judo Training Clinic - \$25 for Morning or Afternoon Session

REGISTER FOR BOTH TOGETHER AND SAVE \$\$\$ - Coaches

Certification and International Judo Training Clinic - \$70

For more information, contact Gerald Uyeno: gpuyeno@hotmail.com

Nanka would like to acknowledge the generous support of Tenri Dojo and Frank Morales that allowed us to support this International Judo Training Clinic.

USJF Level E Coach Certification and International Judo Clinics

Sponsored by Nanka Judo Yudanshakai
USJF Sanction #05-07-04

We are offering USJF Level E Coach Certification and an International Judo Clinic in Conjunction with the USJF Junior Nationals.

COACHES E LEVEL CERTIFICATION CLINIC

Dates: Thursday, July 7, 2005

Location: Irvine Marriot Hotel, 18000 Von Karman Ave, Irvine CA 92612

Certification Classroom & Homework:	9:00 AM to 12:00 PM - Thursday
Certification Mat Session:	1:00 PM to 5:00 PM - Thursday
Certification Homework Review	5:00 PM to 6:00 PM - Thursday

INTERNATIONAL JUDO TRAINING CLINIC

Dates: Friday, July 8, 2005

Location: Irvine Marriot Hotel, 18000 Von Karman Ave, Irvine CA 92612

International Clinic 1	10:00 AM to 12:00 PM - Friday
International Clinic 2:	1:00 PM to 3:00 PM - Friday

Clinic Costs: Make Checks Payable to Nanka

Coach Certification Clinic: \$40.00

International Judo Clinic: \$25.00 per 2 hour long session or \$40.00 for both sessions

REGISTER FOR BOTH TOGETHER AND SAVE \$\$\$ - Coach Certification plus BOTH International Judo Training Clinic Sessions for \$70.

Eligibility: Must be USJI, USJF or USJA primary member and show proof of membership to attend the Coaches Certification Clinic. Only USJF members can receive Coach Certification. USJF membership will be available for purchase.

Additional Costs for Certification:

- \$20.00 per person (fee includes processing, coaches certification and New USJF Coaches Badge. Make Check Payable to "USJF").
- \$16.00 per person for USJF Background Screening. Make check Payable to "USJF".

Note: If you are taking this Clinic so that you can Coach at the Junior Nationals, you need to apply for and pass your USJF Background Screening before the Clinic. You will NOT be allowed to Coach at the tournament if your Background Screen is not complete.

For further information contact:
Gerald Uyeno 310-541-0885 or guyeno@hotmail.com

USJF Level E Coach Certification and International Judo Clinics

Sponsored by Nanka Judo Yudanshakai
USJF Sanction #05-07-04

General Course Outline: Principles of Safety, Ethical Conduct in Sports, Skill Analysis, Communication, Teachings Skills, Lesson Organization, Judo Related Etiquette and Manners, Judo History and Philosophy. Warm Up, Running, Stretching, Agility Drills, Strength Exercises, Plyometrics, Tachi Waza (Basic Techniques such as Osoto gari, Ouchi Gari, Kouchi Gari, Seoinage, Tai Otoshi) and Ne Waza (Osae Waza such as Kesa gatame, Kamishiho gatame, Yokoshiho gatame, Tate shiho gatame and Turnovers and Offense from hands and knees (top and bottom))

For those wishing a USJF Level E Coaches Certificate you must fulfill all requirements as noted on the USJF Coach Application Form. Bring copies of this information to the clinic if you are taking this clinic so that you can coach at the Junior Nationals. This includes,

- Minimum Rank Shodan as demonstrated by Copy of Rank Certificate (USJA, USJF or USJI)
- Minimum Age 18 years as demonstrated by Proof of Birth Date
- One year time in grade*
- Signed USA Judo Code of Ethics, Standards and Conduct Agreement,
- Current USJF Judo member in good standing as demonstrated by Copy of Current USJF Judo Card
- Updated, Complete USJF Judo Coach Application Form
- Completed USJF Judo Background Screening
- Provide Passport Size Photo for the badge

Name: _____ **Sex:** ____ **Dojo / Club:** _____
Last / First / MI

Check One: New Level E: ____ **Renew/Recertify Level E:** ____ **International Clinic:** _____

Birth date: ____ / ____ / ____ **Age:** _____

Address: _____
Street / City / State / Zip Code

Phone:(____) _____ **Email Address** _____

Organization (USJI, USJF or USJA) _____ **#** _____ **Exp Date** _____

Rank: _____ **Rank ID Number:** _____ **Awarded By:** _____

Current Coach Level: ____ **Coach Number:** _____ **USJI:** ____ **USJF:** ____

Check One: Background Screening Performed by USJI: ____ **USJF:** ____

Emergency Contact: _____ **Phone:** (____) _____
Name

Address: _____
Street / City / State / Zip Code

For further information contact: Gerald Uyeno 310-541-0885 or guyeno@hotmail.com

WARNING!
WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities of the **United States Judo Federation, Inc., United States Judo, Inc., United States Judo Association, Inc., Nanka Judo Yudanshakai, California Judo, Inc., and the Irvine Marriott Hotel**, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that, prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
5. Release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., United States Judo, Inc., United States Judo Association, Inc., Nanka Judo Yudanshakai, California Judo, Inc., and the Irvine Marriott Hotel**, together with their affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.

Participant

Participant's Signature

Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Guardian

Parent/Guardian's Signature

Date